



TZANEEN MARATHON CLUB

PROUDLY PRESENTS

THE TZANEEN



SPRING OPENER 4 in 1

SATURDAY 11 SEPTEMBER 2010 at 07:00

www.tzaneenmarathonclub.co.za



Specialists in Label Printing. Tel 015 309 9237 Cell 073 330 2979 Website www.blitzprinters.co.za

GPS co-ordinates: Jetty 3: S 23 48 46 - E 30 08 45 Tzaneen Country Club: S 23 44 58 - E 30 06 41



ENTRY FORM

TZANEEN BLITZ SPRING OPENER 4 IN 1 Saturday 11 September 2010 at 07:00

Payment Details: Tzaneen Marathon Club FNB Branch: 260349 Account No: 53960033827

Fax the form and deposit to: 086 618 2221 Closing date for fax entries: Thursday 9 September 2010 Late entries: Friday 10 September 16h00-18h00 at Finish Saturday 11 September 05h00-06h00 at Start and Finish

Surname: First Name: ID Number: Address:

Club: Tel No: Cell No: Email: 2010 Licence No: Category: Age: Sex:

(Tick) J 30+ 40+ 50+ 60+ T-Shirt sizes: S M L XL XXL

Note: Only the first 200 pre-entries for the 21.1 and 32 km races receive T-shirts.

Table with 2 columns: Race Distance, Entry Fee (Tick). Rows include 5km FUN RUN, 10km, 21.1km, 32km, Temporary number, Total amount payable.

NOTE: Entry Fees include bus transport from the finish at Jetty 3 to the start of the 21.1km and 32 km. Busses leave at 06h30. Please indicate whether you will need bus transport Yes No

Signature:

Signature: (Parent or Guardian if under 18 years old)

I hereby indemnify the Sponsors and Organisers against any claim that may result from my participation. I undertake to abide by all ASA and the LIMA Athletics Rules.

GENERAL INFORMATION

Route Description:

This is a very scenic route from the Tzaneen Country Club, past the Merensky Dam and the Tzaneen Dam. The whole route is on tarred roads and runs through plantations, tropical vegetation with beautiful views of the Tzaneen Dam, waterfalls and the surrounding mountains. The finish is at the exquisite site of Jetty 3 next to the Tzaneen Dam.

Races:

All races start at 07h00 and include the following (refer to map):

- 5km Fun Run starting and ending at Jetty 3
- 10km starting and ending at Jetty 3
- 21.1km starting at Tzaneen Country Club and ending at Jetty 3
- 32km starting at Tzaneen Country Club and ending at Jetty 3

Bus transport:

The entry fees as indicated on the entry form include bus transport from Jetty 3 to the start of the 21.1km and 32km. Please note that busses leave strictly at 06h30 from Jetty 3 and no late comers will or can be accommodated.

Entry detail:

- See entry detail on the ENTRY FORM as well as on www.tzaneenmarathonclub.co.za
- Fax entries will be accommodated until 17h00 on Thursday 9 September
- Late entries - Friday 10 September from 16h00 to 18h00 at the FINISH at Jetty 3 and Saturday 11 September from 5h00 at the FINISH at Jetty 3 as well as from 5h00 at the start at the Tzaneen Country Club

General:

- Distance boards displayed at 1km markers
- Water Points provided at +/- 3km intervals
- Toilets are available at start and finish
- Refreshments will be available at the finish
- For accommodation please visit www.tzaneeninfo.com

RULES

- Races are run under the rules of ASA, IAAF and LIMA
- Proof of identity may be required
- Running in Club Colours is optional
- Category tags must be displayed on front and on back of vests to be illegible for category prizes
- Official and temporary licence numbers must be displayed on vests
- No licence is required for the 5km fun run
- No seconding allowed
- Failure to obey rules, regulations, marshals, traffic officers, may result in disqualification

PRIZES

- The first 10 finishers of each race receive Gold Medals
- The second 20 finishers of each race receive Silver Medals
- All finishers receive Bronze Medals
- The first 50 finishers of each race receive Goody Bags
- The first 200 pre-entries for the 21.1km and 32km only receive T-shirts
- The total prize money is R19 000.00

Enquiries

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Tzaneen Spring Opener: Prize Money							
Race	32km		21km		10km		Total
Category	Male	Female	Male	Female	Male	Female	
Open							
1	R1000	R1000	R600	R600	R300	R300	R3800
2	R500	R500	R300	R300	R200	R200	R2000
3	R250	R250	R150	R150	R100	R100	R1000
Junior							
1	R400	R400	R300	R300	R200	R200	R1800
2	R300	R300	R200	R200	R100	R100	R1200
3	R200	R200	R100	R100	R50	R50	R700
Veteran							
1	R400	R400	R300	R300	R200	R200	R1800
2	R300	R300	R200	R200	R100	R100	R1200
3	R200	R200	R100	R100	R50	R50	R700
Master							
1	R400	R400	R300	R300	R200	R200	R1800
2	R300	R300	R200	R200	R100	R100	R1200
3	R200	R200	R100	R100	R50	R50	R700
Walker							
1	R250	R250	R200	R200	R100	R100	R1100
Total	R4700	R4700	R3050	R3050	R1750	R1750	R19000

